



**CONROE**

INDEPENDENT SCHOOL DISTRICT  
*Committed to Excellence*

# School Asthma Action Plan

## Student Information

\_\_\_\_\_ Student's name

Grade \_\_\_\_\_ School year \_\_\_\_\_ Date of birth \_\_\_\_\_

\_\_\_\_\_ Teacher's name

\_\_\_\_\_ Parent's/Guardian's name

\_\_\_\_\_ Parent's/Guardian's address

\_\_\_\_\_ Parent's/Guardian's home phone

\_\_\_\_\_ Parent's/Guardian's work phone

\_\_\_\_\_ Emergency contact name

\_\_\_\_\_ Emergency contact relationship

\_\_\_\_\_ Emergency contact phone number

\_\_\_\_\_ Physician student sees for asthma

\_\_\_\_\_ Physician's phone number

\_\_\_\_\_ Other physician

\_\_\_\_\_ Other physician phone number

## Self-Administration of Asthma Medications

### Bronchodilator *(quick-relief medication)*

\_\_\_\_\_ Name of medication

\_\_\_\_\_ Purpose of medication

\_\_\_\_\_ Dosage of medication

\_\_\_\_\_ When to use medication

Can be repeated for severe breathing difficulty  
\_\_\_\_\_ times \_\_\_\_\_ minutes apart.  
**Call 911 or EMS if minimal or no improvement.**

### Other medication

\_\_\_\_\_ Name of medication

\_\_\_\_\_ Purpose of medication

\_\_\_\_\_ Dosage of medication

\_\_\_\_\_ When to use medication

\_\_\_\_\_ Additional instructions

- I have instructed *(student's name)* \_\_\_\_\_ in the proper way to use his/her medications. It is my professional opinion that *(student's name)* \_\_\_\_\_ **should be allowed** to carry and self-administer the following medications while on school property or at school-related events.
- It is my professional opinion that *(student's name)* \_\_\_\_\_ **should not be allowed** to carry and self-administer the following medications while on school property or at school-related events.

\_\_\_\_\_  
*Physician's signature* \_\_\_\_\_ *Date*

**I agree with the recommendation of my child's physician as noted and have informed my child that he/she may carry his/her asthma medications while on school property or at school-related events.**

\_\_\_\_\_  
*Parent's signature*

\_\_\_\_\_  
*Date*